**Introduction**

Dog’s name:

Breed:

Weight:

Age:

Likes:

Dislikes:

Quirks:

More:

*Dog #2 (If Applicable)*

Dog’s name:

Breed:

Weight:

Age:

Likes:

Dislikes:

Quirks:

More:

*Other companion animals (If Applicable)*

Name:

Weight:

Age:

Likes:

Dislikes:

Quirks:

More:

**Daily Schedule**

* Come in at am
* Take out for first potty relief immediately after waking up
* Feed breakfast (specific diets and amounts listed below)
* Second potty relief break soon after mealtime
* Mid day play break and potty break
* Dinner at pm
* Fourth potty relief break after dinner
* Playtime indoors or in the yard (if you have a fenced in yard) before bed
* Fifth and final potty relief break before bed
* Bedtime (specific bedtime routine listed below)

**Potty Breaks**

* Minimum of 5 relief breaks a day
* If needed pet cleaner is located
* Is there a certain spot they like
* Explain routine

**Meal Time**

* Type of dog food
* Where food is stored
* Amount
  + Breakfast cup(s)
  + Dinner cup(s)
* Supplements
* Location where meal is consumed
* If you use a licky mat for meal time or a puzzle toy explain
* Type of dog food
* Where food is stored
* Amount
  + Breakfast cup(s)
  + Dinner cup(s)
* Supplements
* Location where meal is consumed
* If you use a licky mat for meal time or a puzzle toy explain

**Medications/Special Care**

* When do you give your dog their medications
* Where do you store their medications?
* How to give medications , topical

**Zen Den**

A Doggy Zen Den is a space for your pup to relax during “off” times. This

may include when you are out of the house, during situations that

cause stress or anxiety, or during unsupervised times. Ultimately a Zen Den is your dog’s “off button”. They should be sleeping or encouraged to relax while in this space.

* When to leave dog in Zen Den
* How to turn on music
* Lighting
* What toys are allowed and what need to be put away

**Leaving the House**

* Zen den time
* Give a treat
* What this routine looks like for you

**Physical Exercise**

* Utilize backyard space
  + If you have a house with a fenced in backyard, strictly instruct your caregiver to use the backyard rather than taking walks for physical exercise.
* Drop it game
  + Give your caregiver directions for this game! Show them how to play it during your Meet & Greet with them.
* Flirt pole play!

**Mental Enrichment**

* Puzzle toys
* Licky mats

**Walks**

Your caregiver should only be walking your dog if this is something that has been previously practiced with your caregiver and dog OR if you live in an apartment building with no other potty relief alternatives.

* Where to walk
* If you have a house with a yard give clear instructions for your caregiver to never leash your dog for a walk
* Show where leashes, harnesses, and halters are. Demonstrate how you leash your dog the UBH way!
  + Even if you have a house with a yard, show your caregiver where your leashes are and how to get your dog suited up incase of emergency!

**Emergency Contacts**

* Vet - Name phone number email
* Emergency vet - Name phone number email address
* Personal emergency contact - Name phone number